

Clear Lake Trowel & Trellis Garden Club



Clear Lake Trowel & Trellis Garden Club (CLTTGC) is a member of Mendo-Lake District Garden Clubs, California Garden Clubs Inc (CGCI) and the National Garden Clubs Inc (NGCI). We were founded on September 21, 1955, by five women who wished to create and promote interest in amateur gardening in Lake County.

November, 2014
Vol. 1, Issue 3



2014-15 Officers:

President:

Marva Brandt

Vice President:

Susan Buckles &
Debra Watson

Treasurer:

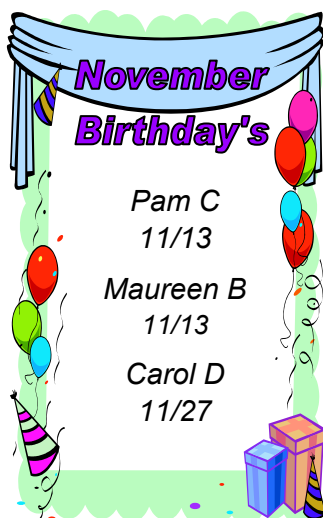
Helen Turley

Secretary:

Michelle Wisler

Parliamentarian:

Ginny Cline



THYME with Marva Brandt



As I began to think about a November article, of course Thanksgiving popped right into my mind. With that thought came the concept of the limitless things for which I am grateful. This is an excellent month in which to cultivate gratitude. The **ultimate** sense of gratitude is more than a feeling of gratefulness; it also encompasses the desire to give something back. We could think of it as appreciation that stimulates a naturally arising sense of obligation. I am pretty good with gratitude but.... **Ultimate** gratitude needs to start with me – I tend to fall short here.

During this Thanksgiving month we will host our Chrysanthemum Show. We are all super-grateful for Shirley! She contributes an amazing amount of thought, time and talent to this event and she never ceases to astound me. Last year we requested mums in the floral section of Safeway but they did not arrive in time for our show. I hope they make it this year as I am *kaput!* I have relied heavily on Leanne for those beautiful spider mums and I hear that she is also *kaput!* Not good. If you have mums to share, please let us know. And thank you to Heide for taking over in the kitchen. Here's to a great show!

As we plunge headlong into the holiday season, I wish you a wonderful Family Thanksgiving Time. While you are at it - enjoy the fall colors! (By the way... I hated to hear that one of my friends has almost finished wrapping her Christmas gifts).....

If you are ever frustrated, feeling low or worried, just sit down and quickly write out all the things for which you are thankful. The list will amaze you!

**Discontentment makes rich people poor,
while contentment makes poor people rich.**



**AUTUMN IS A SECOND
SPRING WHEN EVERY
LEAF IS A FLOWER**



NOVEMBER HOSTESSES:



**Heide Thomason
Nancy Benkelman
Carol Dobusch**



SUNSHINE REPORT

by Ann Blue

**Doris Ellsworth -
Thank YOU and Missing YOU**

**Mary Welsh -
Sympathy, Thinking of YOU**



Welcome Back!

**Joyce Porterfield to Penny Pines and
Ann Blue to Sunshine!**



Board Meeting

The November board meeting is the same day as the general meeting and all are welcome. We will start at 10:00am. Please remember that, due to requests for shorter meetings, the chair reports will be in the newsletter unless we need a vote. If something must be on the agenda, please contact me by the Friday before the meeting. Let's try to accomplish as much as we can in board meetings.



Fall and Winter Veggies

I attended the Fall and Winter Gardening Workshop presented by the Master Gardeners. I have studied Lake County climates a bit and know we are not an easy area because our growing seasons are so short and our temperatures erratic. I did not know that you must plant seeds for the Brassica family vegetables (anything that needs to form a head, such as broccoli, cauliflower and cabbage) by the first of August. In Lake County they cannot form a head unless planted then. When they germinate they will need protection from the heat. If you miss that deadline, you will need to buy young plants for your garden.

Marva

Sad News

We have lost a Garden Club Member.
Thomas Welsh passed away on October 16th.
Our thoughts and love go to Mary.



NOTE Date change:

**Garden Tour
May 31, 2015**



Remember: This is where you'll find sign-up sheets, Up-coming events and Field Trip information. Often, when things are passed around the room, someone gets missed. Please make it your duty to tack it down.



**Eric Schramm
Mushroom Expert**

All wild mushrooms must be cooked thoroughly, caramelizing them will intensify their flavor.



The set up for tables is 8:00 A.M. Thank you to Susan, Jerry, Leanne and Jim! Any and all help will be appreciated. Arrangement and specimen set-up time is from 9:00 to noon. Please bring washed dishes and cookies to the kitchen between 9:00 and 11:00. Show time is 1:00 to 4:00. If you are making arrangements, please e-mail your style choices to Shirley.

Mums on Parade

**Open to the Public from 1-4pm.
Invite someone.**



CLASSIC CARAMEL CORN by Linda Pyers
(I only make this once a year. Starts out my Autumn).

Ingredients:

Cooking Spray

4 quarts popped popcorn

1 cup brown sugar

1/2 cup Karo Light or Dark Corn Syrup

1/2 cup butter or margarine

1/2 teaspoon salt

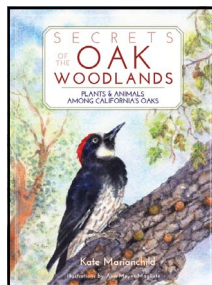
1/2 teaspoon baking soda

1 teaspoon pure vanilla extract

Direction:

1. Spray large shallow roasting pan with cooking spray. Add popcorn and place in preheated 250 degrees F oven while preparing caramel.
2. Mix brown sugar, corn syrup, butter and salt in a heavy 2 quart saucepan. Stirring constantly, bring to a boil over medium heat.
3. Boil 5 minutes without stirring. Remove from heat. Stir in baking soda and vanilla; mix well.
4. Pour syrup over warm popcorn, stirring to coat evenly.
5. Bake for 45 minutes, stirring occasionally. Remove from oven and spread on foil that has been sprayed with cooking spray.
6. Cool; break apart. Store in tightly covered container.

November 18th CLTTGC Meeting Program Speaker: Kate Marianchild



Kate Marianchild, author of the newly published *Secrets of the Oak Woodlands: Plants and Animals among California's Oaks* (Heyday, 2014) will speak on the topic of "The Amazing Manzanita." We will learn about "buzz pollination in middle C," manzanita's adaptations to drought and the advantages and disadvantages of its ultra-thin skin. If time permits, Marianchild will also discuss manzanita's relationships with other species, such as silk moths, bushtits, pileated woodpeckers, and mycorrhizal fungi. The first printing of Marianchild's book sold out within 60 days and it won't be available again until December 1, but hopefully she will still have some of her private stash left for us.

On the same day, Marianchild will give a slide-show and book signing at Watershed Books from 3 -5 pm (this will be cancelled if she is out of books). Her topic will be, "Poison Oak, Lace Lichen, and Mistletoe: Friends or Foes?"



NOMINATING COMMITTEE:

Carol Dobusch, Mary Secord, and Barbara Swanson have the task of finding officers for the coming year. The nominees will be presented at our February meeting. Please give them all your help.



NOVEMBER FIELD TRIPS REMINDER

Clearlake State Park

Fort Bragg Botanical Gardens

Dates and Times on Page 8, Forget-Me-Nots

Dahlia

This was an unusual Dahlia that was grown from one of the seeds I shared with club members. Be sure when you harvest seeds that the seeds are ripe. That usually means that they have dried on the plant. The seed carries the DNA of the parent plant and the DNA of whatever plant the bee or pollinator landed on and shared. Once the seed is pollinated, its DNA is set. Ask if you have questions. **Leanne Harvey**



Green Thumbs Up



Barbara Swanson has been a member since 1996; our President from 2003-2005; served as Treasurer, chair (*and resident expert*) of the Lake Kabatin Redbud Arrangers & member of the Redwood Arrangers. There are three flower beds at the Library in Lakeport that she plants and is the caretaker. For many years she has hosted the Christmas Wreath Bow Making Workshop and has gathered ribbons, wires, and provided tea/coffee with a sweet bread. We wouldn't have a website if not for her persuading her son, Peter, to building it and she continues to have him post many of our events and flower arrangements. Don't know how many committees she has chaired, but I'd be willing to bet she has served on them all. Needless to say, she is a treasure that we want to acknowledge and give her a big THANKS and green thumbs up. Barbara is busy at work on the Nominating Committee - help her out where you can.



October 2nd we took a field trip to the **Golden Rule Garden at Ridgewood Ranch (home of Seabiscuit) in Willits**. Our guide was Ellen Bartholomew, manager of the gardens. She was so welcoming and gave us a very informative tour of this unique, organic seasonal vegetable garden including crop rotation, hand digging the soil, cover crops, composting and plants/flowers that welcome beneficial insects. It was remarkable what was accomplished over the last 25 years through love of gardening and hard work. They presently grow food for the hospital and high risk population. They also have a farm school that sponsors a new generation of agrarian leaders from around the world. They work with Ellen and learn about sustainable agriculture and land stewardship to take back to their countries. We also learned a little about the history of the ranch and to our delight got a tour of the original house.



Quarry Hill Medicinal Plant Walk:

The field trip to Quarry Hill Botanical Garden



Medicinal Plant Walk was quite an experience. Quarry Hill is in the Mayacamus Mountains along the Valley of the Moon scenic route in Sonoma County. Started in 1987, Quarry Hill

features one of the largest documented wild collections of Asian plants in the world. All grown from seedlings germinated from seeds on an annual plant hunting trip to Asia. This is now a wild woodland garden with exotic trees, ponds, and waterfalls on a hilly terrain. The walk was led by Peggy Schafer of the Medicinal Herb Farm and Sondra Beam Herbalist at Crane West Herb Pharmacy. Both women were amazing in their ability to not only know the botanical name of the herbs but the Chinese name as well. Medicinal herbs are a huge and complicated field of study and our introduction was way over my head. Asian herbs are rarely used singly, almost always used in combination formulas. Everything we saw had some benefit whether it was from the root, the stem, the leaves, the flower, the bark... the herbs helped colds, flu, headache, menstrual cramps and the list goes on and on. To become knowledgeable in this field takes a lot of study. There is a need to grow safe, organic medical herbs in our country as the demand for herbal medicine becomes greater. The Asia market cannot supply everyone worldwide and there is some safety of product issues. I think it would be wonderful to visit Quarry Hill in the spring. We ended the day with a great lunch at the Glen Ellen Inn which is owned by Leanne's sister. Some of you know about this wonderful restaurant!



Thank You Guff Worth for offering Mary Ann's iris plants to us!

Christmas Luncheon

Tuesday, December 9th

(Note: second week in Dec)

Location: **Riviera Hills Restaurant & Lounge**

Cost: **\$20** (includes tax & tip)

See Betty Atwood-Reyna, Chair,
to sign-up and pay

Meal Selections:

Chicken Piccata

or

Vegetarian / Vegan Pasta



Dinner served with:

Coffee, Tea, Water

Salad and Rolls

Dessert

Sign up and pay at our November Meeting

At the Christmas Luncheon we traditionally donate to the Lake Family Resource Center at the holiday season.

We like to obtain a "Wish List" from the shelter & fulfill it with your donations.

Linda Waterstraat has offered to help with this but she will need shopping assistance.



Christmas Cards for the Military



Tango Mike will be packing their Christmas Boxes on November 20th. It would be a good idea to drop your greeting cards in any Tango Mike barrel before Nov 17th. There is one at Umpqua Bank.

Claire Grieve has a head start on us. She wrote a truckload of them while healing her knee!

GENERAL MEETING MINUTES

October 21, 2014

From 12:00 to 12:35 members enjoyed a light lunch and social time.

President: Marva Brandt opened the meeting at 12:35 pm by welcoming members and visitors. She thanked the hostesses, Evy Escalante, Sharon Reeves, and Leanne Harvey. Marva announced that Michelle Wisler is absent today due to her husband's illness and that Helen Turley will be taking the minutes. She passed on Michelle's thank you to the Club for their cards and calls.

Parliamentarian: Ginny Cline, led us in the Pledge of Allegiance.

Co-Vice President: Debra Watson, introduced Eric Schramm, Owner of Mendocino Mushroom, who presented a program on Wild Mushrooms. On Monday, November 24, there will be a field trip to Fort Bragg Botanical Gardens. The topic will be "Mushroom Walk-ID—edibility and myths". There is a \$10.00 admission fee. Meet at 9:00 AM in the Mendo Lake Credit Union parking lot. There is a sign up sheet on the table.

Penny Pines Chair: Joyce Porterfield, , started the flower roll call and Penny Pines collection.

Inspiration: Ann Blue gave an inspirational message sharing her gratitude for our wonderful Club and caring members and the outpouring of love she recently received when she and her husband experienced a car accident while on a recent vacation.

Treasurer's Rpt: Marva indicated that in the interest of saving time, the minutes of the meeting and the Treasurer's Report will be published in the newsletter each month. If anyone wants to see the Treasure's Report, a copy will always be available at the meeting.

ML District Rpt: Marva reported that at the last District Meeting the matter of District finances was discussed. The District is short of funds and suggested two solutions—charging each Club \$2.00 more per member or asking for 10% from each fundraiser. The decision will be made by the District Board.

Penny Pines: We have enough money for two Penny Pines presentations. The certificates are on order and the presentations will be made at the next meeting.

Library: Barbara Swanson, **Civic Beautification,** reported that there had been some vandalism at the Library. She passed pictures of how it looked when it was still beautiful.

City's Response: Marva reported on the response she received to the letter she wrote to the City

regarding the Rounds at Library Park. She received a call indicating that the City will let us know when the rounds will be available for replanting.

Membership Chair: Evy Escalante, reported that there were 33 members in attendance.

Christmas Luncheon Chair: Betty Atwood-Reyna, reported that we will be having our Christmas luncheon on December 9 at Riviera Hills Restaurant and Lounge. This is a date change. The cost will be \$20.00. She passed a sign-up sheet and asked members to indicate their menu choice. She will be passing it again next month and collecting money. We were reminded to be sure and let Carol Kesey know about it.

Bench Update: Leanne Harvey updated us on the purchase of the bench for Westside Park. We can purchase one now and it will go in the dog park or we can wait until another location is available and place it there. Members voted to wait. It was suggested that we might also consider planting a tree by the bench.

Tree Chair: Leanne, showed a chart and encouraged members who have planted trees to record them on the chart.

Garden Tour Info: Debra Watson and Susan Buckles, **Co-Vice Presidents,** updated us on the plans for the Garden Tour. The date has been changed to May 31. The Tallman Hotel in Upper Lake is on board and we will be able to use their conference room as our headquarters on the day of the event. We can also do wine tasting there. Kathy Steinburg will handle publicity. Carolyn Michaels will handle ticket sales. We will need a local artist to design the tickets and posters. Debra has a few ideas but would also like input from the members. A meeting of the Core Planning Committee will probably be held this week.

Quilt Raffle: Marva showed two quilts that can be used for a raffle at our Garden Tour. Members were asked to vote on which one to use. The quilt selected was donated by Julie Nodine.

Mum Show Chair: Shirley Estrem reported that the show will be held on November 14 from 1:00 to 4:00 at the Lakeport Yacht Club. Heidi Thomason is handling refreshments and needs an assistant. Joyce Porterfield volunteered to assist her. Shirley asked for members to take the boxed dishes home today, wash them, and bring them to the show on the 14th. Helen Turley will take care of getting the key to Leanne Harvey so she can open the door at 8:00 AM for set. Shirley asked for volunteers for set up. Susan and Jerry Buckles and Jim and Leanne Harvey will be there to help. All other help will be

appreciated. Shirley will make the decision about where the arrangements will be placed. Members who will be showing mum specimens should take the vases home today. It will be a very classy show. Jo Shaul will once again be the greeter and Jerry Shaul will handle the publicity. Leanne encouraged more club members to do arrangements.

Membership Update: Nora Gerrard reported that Sunny Czosnowski is recovering from a recent knee surgery and is doing well. Claire Grieve is also doing well after her knee surgery.

Tango Mike: Marva asked each member to write five holiday cards and drop them off at Umpqua to be included in the packages being mailed by Tango Mike to members of the military in November.

Announcement: Susan Buckles reminded members of the upcoming field trips and announced that our speaker for the November meeting is Kate Marian-child who will be speaking on "The Miraculous Manzanita".

The meeting was adjourned at 2:35pm.

Respectfully submitted, Helen Turley, Sub-Secretary



SEPTEMBER TREASURY REPORT October 21, 2014

BEGINNING BALANCE CHECKING: \$8,463.53

BEGINNING BALANCE SAVINGS: \$25.00

RECEIVED:

Dues	60.00	
Badges	6.00	
Penny Pines	27.01	
Awards	35.00	
Visions of Beauty	41.00	
Interest	.07	
TOTAL	169.08	

EXPENSES:

Mendo Lake Dues	189.00	
CGCI Annual Dues	137.25	
Scholarships	2,000.00	
Visions of Beauty	87.49	
Postage- Awards	5.80	
Rent	425.00	
Pak 'n Mail – Newsletter	26.96	
Year Book	201.29	
TOTAL	3,072.79	

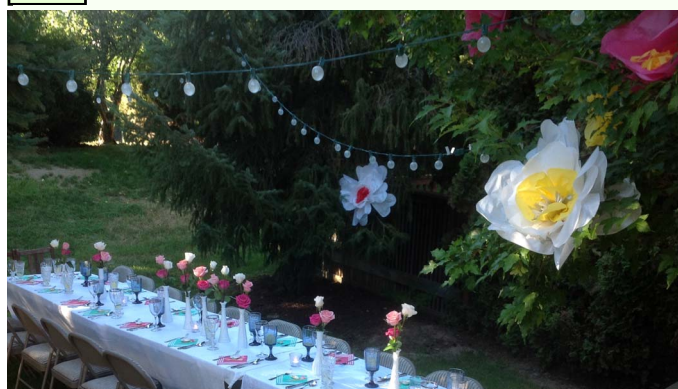
ENDING BALANCE CHECKING: \$5,559.82

ENDING BALANCE SAVINGS: \$25.00

Respectfully Submitted by: Helen Turley, Treasurer

DID YOU KNOW? by Members

Our kids planned a celebration party for us for our 51 ¾ anniversary. It was in Boise and they invited our new friends there, our nieces and nephews and the two kids who spent summers with us through teen and college years. My niece and husband came from Orville, CA, a nephew from Utah with his youngest, the daughter of my college roommate and her family from Anchorage Alaska, and the son of my college roommate and his family from Berkeley, CA. We were 22 for the second party out in their park-like yard under bistro lights, a sit down with white linen, flowers and candles. Now comes the other flower project we did.



We made huge tissue paper flowers and put them in the trees. The idea was from Pinterest, but after watching their video we just made up our own pattern and they turned out fun.

You cut heart shape petals in three sizes. The outside petals were at least 12 inches or more. Then two smaller sizes and a little fringe piece for the center. You start with the center and then add the petals using wire or tape to hold them. Go in a circle – then add the next layer and then the large layer. You can make a stem if you want and the more petals the larger the flower.

Anyway it all turned out to be very fun and it was a great celebration.

Flower friends for fun,
Shirley



Clear Lake Trowel & Trellis Garden Club

www.clttgc.org

Return mail: President Marva Brandt

1810 Eastlake Dr

Kelseyville, CA 95451-7011



The club meets at 12:00 pm
on the 3rd Tuesday of the month.
Scott's Valley Women's Club House
2298 Hendricks Road in Lakeport

Garden Club Affiliates

- **National Garden Clubs, Inc.**
(www.gardenclub.org)
- **Pacific Region**
(www.pacificregiongardenclubs.org)
- **California Garden Club, Inc.**
(www.californiagardenclubs.org)
- **Mendo-Lake District Garden Club**
(www.mendolakedistrict.org)
District Director: Rhea Pitchard

Let's Bloom, Believe and Befriend!



Forget-me-nots

NOVEMBER 2014

- 2 Garden Therapy, Thur, 10:30am
Call **Michelle Wisler** for info
First Lutheran Church,
3863 Country Club Dr, Lucerne
- 11 Lake Ka-ba-Tin Redbud Flower Arrangers
1:30 pm / Call **Barbara Swanson** for info
St John's Episcopal Church
1190 N Forbes St, Lakeport
Theme: Fall Colors-Practice for Mum Show
- 14 'Mums on Parade', Chrysanthemum Show
Fri, Nov 14th, 1-4pm. Open to the Public
Yacht Club (5th St Launch Ramp)
- 17 Redwood Arrangers-- Ukiah (3rd Monday)
- 18 Board Meeting: 10am
- 18 Regular Club Meeting

12:00 pm Social Time / Refreshments
12:30 pm Program: 'The Miraculous Manzanita'
Speaker: **Kate Marionchild**
1:00 pm Flower Roll Call
1:30 pm Business Meeting

- 20 **FIELD TRIP: Clearlake State Park Tree Walk**
Thur, 10am, followed with lunch at Woody's
(Kelseyville Lumber)
- 24 **FIELD TRIP: Fort Bragg Botanical Gardens**
Mon, 1:30pm (Carpool 9am Mendo-Lake
Credit Union parking lot).



Trellis Talk deadline is the 4th Tuesday of each
month (The Tuesday following meeting date)