# Clear Lake Trowel & Trellis Garden Club



Clear Lake Trowel & Trellis Garden Club (CLTTGC) is a member of Mendo-Lake District Garden Clubs, California Garden Clubs Inc (CGCI) and the National Garden Clubs Inc (NGCI). We were founded on September 21, 1955, by five women who wished to create and promote interest in amateur gardening in Lake County.

### February 2013 Vol. 5, Issue 1



2012-13 Officers:

President:

Leanne Harvey
Vice President:

Carol & Hans

Dobusch

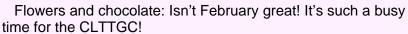
Treasurer:

Ginny Cline

Secretary:
Helen Turley

Parliamentarian: Jo Shaul

### Thyme with President Leanne:



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The Meals on Wheels participants enjoy the many handmade cards the members make, & club members enjoy getting together with each other at Jo Jameson's home. It's always a fun day.

This time of year garden club members are busily monitoring their daffodils and hoping they'll be in full bloom for this year's Daffodil Tea that Susan and Marva are organizing. Members are deciding what lovely dishes to use, what treats to bake, and who to invite to sit at their tables: members, friends, relatives or some-

one who might be interested in joining the club. The Tea is a lovely introduction to the club and an event we all look forward to. Do check the website to see the beautiful Tea pictures from past years. www.clttgc.org

Members are also getting plants started for the May plant sale. Many of us start our plants early and those with hot houses are somewhat envied. Those without a hothouse or green house often can be seen hauling wagons full of plants into the sunlight each morning & back into a protected garage each evening, and we too are to be envied as we know that exercise keeps us healthy.



February brings flowers, friends, fun, exercise and chocolate! What could be nicer!

#### **WANTED:**

- Empty 6 packs, 3-8" pots, gallon pots or any size pots you are not using to share with other members who need them to start plants for the plant sale.
   <u>Please bring them to the February</u> meeting.
- A person who will share how to correctly make a geranium cutting and share that at the next meeting during flower roll call.
- Need Helpers at the District meeting we host on April 24.
- Please bring back the TERRIFIC BADGE so we can continue recognizing outstanding club members. FYI the rules are in your Sep newsletter.

# VALENTINES for Meals on Wheels clients On February 7th, at 11am,

Jo Jameson will have set-up her house in assembly

line fashion for the purpose of filling the cellophane bags with valentines. She will have 160 bags. Come and help us fill the bags whether or not you make or purchased cards. A fun get together and an opportunity to put a smile on someone's' faces.





### SUNSHINE REPORT by Marva Brandt



Thanks to Carol Dobusch for sending cards out while Marva recovers.

Thinking of You -Diane Neilson, Carmen Carpenter, Jo & Jerry Shaul, Christina Basor.



TUMERIC DRINK: (the root I brought to the last meeting). I have visited lasmin and she made this drink for me everyday--awesome! Nancy Benkelman

lasmin Friedheim: First to juice the Turmeric, it has to be fresh. I have been able to find it only at Indian Groceries'. Turmeric is a root just like ginger. I grow my own ginger as well the herbs so I don't have to go to store every time I need it. This spring I will also grow my own turmeric and let you know how it goes. Recipe for the juice, Every day I make a tall glass for Joe and I. First you need a juicer, the best I have found for my needs is Jackolane. I take a hand full off fresh turmeric, one to two large fresh ginger, 4 large carrots, 2 large beets, 2 apples, one large cucumber, 4 stocks of celery. This is our favorite. In the summer when I have my own grown berries, I add that also.

I call this juice THE PLASMA!!!



#### **MAY ALL YOUR RIBBONS BE BLUE!!!**



Seven entries were submitted for awards.



Linda Waterstraat is collecting Box Tops for local schools worth 10 cents each.



#### Dear Dahlia.



Q: How well do sweet potatoes grow in Lake County?

Signed, Short growing season makes me short tempered

A: Dear Short, Sweet potatoes need a fairly long growing season. In Gone With the Wind in the hot south of Tara or in the warm Central Valley you will

have better luck than in Lake County especially if you are not right on the lake. They do have a lovely foliage so you might like to take a chance and enjoy the foliage even if you get very small sweet potatoes. Try a crop of beets, and you'll have great luck.

Signed, Dear Dahlia (Has any member tried a sweet potato variety that works well here?)

Jim H. thinks it is possible to start sweet potatoes in Lake County if a gardener starts very, very early. So Dear Dahlia challenges members to try sweet potatoes, and we'll see who does the best with them next fall. The foliage is lovely in your garden no matter the size of the sweet potato.



# Green Thumbs Up



To Crafters: Carol Dobusch (Lady-Bird Beetle made from a bowling ball) and Claire Grieve (Utencil / Garden Tool hanger from used wreath wire).





### **J&J&J&J&**

Ann Blue, Linda W, Susan B, Leanne H, Jerry and Jo S, attended the Jan 23rd district meeting in Willits.



Editor: Linda Pyers Page 2

Trellis Talk / February 2013

#### KITCHEN GARDEN CLUB

Kitchen Garden Club will meet at Leanne's on Saturday Feb. 16 at 1 P.M. This month we will be making chicken soup from scratch. Please RSVP. We will have each attending member bring an ingredient to make the soup delicious. We will freeze the soup for a future use...but that part is a secret. Come be part of the fun and learn the secret.



(King's Mums)-taking orders now. J&J&J&J&

### **2012 TREE COUNT**

Tree Chairperson, Gladdy, reports that we planted 379 trees in 2012.







### **PENNY PINES**

The honor this time goes to:

President

### **Leanne Harvey**

This will be our 61st Penny Pine Certificate.

# J&J&J&J&Q

### **DAFODIL TEA**

Thank you to those who signed up to hostess or work on committees for the Daffodil Tea. We are grateful for your assistance. So far we only have four tables assigned. A special thanks to Carol Brabrook, who even gave us names.

To make this event happen we need hostesses! So please let us know right away if you want to host a table. Also send us the names of the members and/or quests who will be seated at your ta-

ble. E-mail would be good..... to Susan at jsbuck@mchsi.com or Marva at marva300@mchsi.com and we will hold a spot for you.

Thanks, Your Daffy Co-Hostesses, Susan & Marva

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### Dear Dahlia,

Q: Can you add wood burned ashes from the fireplace to garden soil? From Nancy Benkelman

Dear Nancy, according to Master Gardener Jerry Baker in Old Time Garden-

ing Wisdom, "Whenever planting spring flowering bulbs, fed them an organic mixture of compost, bone meal, blood meal & Epsom salts. Then over the winter, add fireplace ashes (up to 5lbs per 100 sq ft) to your bulb beds. The ashes supply potassium which helps the bulbs develop strong stems and fat, firm bodies.

# Why would you want to soak and dehydrate walnuts?

I soak and dehydrate my walnuts because they taste better but there are also other reasons to do so, one of which is included below: Soaking nuts is important to do because as-is, walnuts contain enzyme inhibitors. God made them this way. Enzymes are unstable and therefore, He locked them up in the nut until such time as they are needed. The time they are needed is at germination and forward into the growth of the new plant. So that's what you mimic in your kitchen through soaking - a germination. The water tells the nut it is time to soften up and get ready to grow, and voila! The enzyme inhibitors go away and the enzymes are now available for our use. (Though not a scientific explanation for this process, it is a summary of the effect of what happens.)

#### How I do it:

I fill a one-gallon canning jar with cracked nuts leaving an inch or so at the top because they expand guite a bit when soaked. I cover them with filtered water to the top of the jar and allow them to soak over night or for at least eight hours. I then drain them and rinse them with filtered water, drain again, and spread them in a single layer on dehydrator trays. Set the dehydrator at 115 degrees and dehydrate for 24 hours. (This can be done in a conventional oven if you can set the temperature low enough.) If you dry them at higher temperatures it diminished the antioxidant properties. They are then crisp and crunchy and don't have the acidic taste of unsoaked walnuts, which causes many people to dislike the taste of walnuts.

Submitted by: Helen Turley



POMEGRANATES: Probably all of us have tried or at least heard of removing the seeds of a pomegranate by submerging the fruit in a bowl of water. Here is a different way that works really well: cut or break off large pieces (just like the water method), hold one of the large pieces in your hand over a bowl (seeds facing your palm), them beat the skin side with a wooden spoon which causes the seeds to release. Easy! Submitted by: Linda Pyers

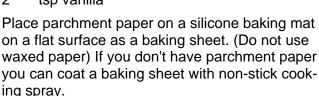
#### WALNUTS

#### **Candied Nuts by Ginny Cline**

- 3 Cups whole walnuts
- 2/3 Cups sugar

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- 3 Tbsp butter
- 2 tsp vanilla



Heat a non-stick skillet over Medium heat. Melt butter and add the sugar and nuts.

Cook while siring constantly with a wooden spoon until sugar melts and turns a golden brown. You may see some sugar crystals that haven't melted--this is OK

Remove pan from heat and add vanilla (it will bubble up) stir vigorously.

Turn the hot nuts out onto the prepared surface. Spread nuts evenly. Cool COMPLETELY before using, eating or storing.



<u>The CGCI Member Award of Distinction</u> is an opportunity for garden clubs and districts to honor members who have given distinctive ser-vice.

The appliable from Lynne Hanthe CGCI Attachment newsletter Upon comapplication mission of



cation is availthe chairman, sen, and on website. See A to Jan for the form. pletion of the form and subthe award fee of \$50.00, payable by check to CGCI, the club or district will receive a certificate and pin, suitable for presentation to the honoree. Please schedule the presentation to allow at least four weeks for receipt of the certificate and pin. Proceeds from this award (less the cost of the award) will benefit the CGCI Educational Publications Fund to help publish educational information in a variety of formats.

Contact Chairman, Lynne Hansen, for more information.

# February's Featured Plant Forsythia

Forsythia is actually a native to Korea. One of the first shrubs to blossom in the spring, its bright yellow blossoms pleases the eye and are quite showy.

#### **Growing Tips:**

- Forsythias like moist, fertile soil with lots of organic matter and sun.
- They get to be quite large so plant in an area where they can grow to their full size.
- Fertilize monthly with 10-10-10 fertilizer to get the best showing of flowers in early spring.
- They are pretty much disease free, but deer do like them, so protect them from those tick ridden plagues to your garden

#### Prune:

- Prune, if needed, after blooming, but do it gently as not to disturb the free flowing beauty of the plant. Also pruning can eliminate the flowers for the next season.
- Once every three years, cut back the long stems to encourage fuller branching and flower production. Do this by reaching into the plant and cutting branches from the ground.
- Forsythias can be divided as there is no main trunk. In Lake County that would best be done in Nov, or December.

#### Propagate:

 Cuttings of this year's growth in summer or ripe wood in autumn or winter can be rooted. Use root hormone.



# Green Thumbs Up

I wonder how many gardens are in bloom with **Jo and Jerry'**s beautiful winter irises!!!! I just wonder, as I walk around my own garden looking at those beautiful little flowers that they shared with me. And I wonder how many others



Remember Jo and Jerry's kind ness as they walk around their own gardens. Jo and Jerry are truly examples of gardeners sharing their friendship and gardens with all of us. *Claire G* 

The Santa Rosa Flower Arrangers Guild is pleased to invite YOU to our first annual

"Marge Ogard Memorial Flower Arranging Workshop"
February 7th, 2013, 10:30 AM
at The Luther Burbank Art and Garden Center 2050 Yulupa Avenue, Santa Rosa, CA

Nationally accredited Designer and Flower Show Judge, Cheryl Feuerborn will give a presentation on "Creative Ways With Line Material"

Participants are invited to bring two similar (but not matching) containers with pin frogs, and their own flowers and/or other plant material to create your own design following the demonstration. Containers should not be transparent. Line material will be used to link the designs in some way.

#### Cost is only \$10.

Light refreshments will be served; Participants are encouraged to bring a box type lunch.

Contact Susan Coolidge (707) 781-9149 at <a href="mailto:susancoolidge07@gmail.com">susancoolidge07@gmail.com</a>



# Green Thumbs Up





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to **Ann Blue** for taking over the Civic Beautification- Library Park planters. Of course we will help her whenever she asks for our help.

Great big THANKS to **Mary Secord** for her many years of weeding and planting those areas.

### J&J&J&J&

How to Pot - 101 When you plant in a pot put a little soil in the bottom of your pot. Hold the plant about an inch below the lip of the pot. Then fill in with soil gently with soil. Gently press around the base of the plant and then water it and check to see if more soil is needed. Some plants die if their roots are exposed to the air for too long so do work quickly. Be gentle with roots and be sure they go down. Some plants actually die if you make a "U" curve in the roots! (If your Christmas mum starts didn't take, be sure to visit Leanne to get some more or to dig starts with roots.)

### Clear Lake Trowel & Trellis Garden Club

Return mail: Pres Leanne Harvey PO Box 824, Lakeport, CA 95453-0824



The club meets at 12:00 pm on the 3rd Tuesday of the month. Scott's Valley Women's Club House 2298 Hendricks Road Lakeport, CA 95453

#### **Garden Club Affiliates**

 National Garden Clubs, Inc. (www.gardenclub.org)

National President: Shirley S Nicolai

Pacific Region
 DHinchey@alaska.com
 Director: Debbie Hinchey

 California Garden Club, Inc. (www.CaliforniaGardenClubs.org)

President: Julie West

 Mendo-Lake District Garden Club (www.mendolakegardenclub.org)
 District Director: Virginia Stranske



# EXERCISE YOUR PASSIONS: FLORA, FRIENDS



# Forget-me-nots

February 2013

5-8 CGCI Winter Board, Auburn

- 5 Garden Therapy-Clearlake (YB-pg17)
- 7 Santa Rosa Flower Arranging Workshop (see pg 5)
- 12 <u>Lake Ka-Ba-Tin Redbud Flower Arrangers</u> 10am St John's Episcopal Church 1190 N Forbes St, Lakeport 'Construction' (YB-pg 16)
- 14 HAPPY VALENTINE'S DAY!!!
- 14 Happy Birthday Carmen Carpenter!
- 15 11:00am (Fri) Redwood Arrangers- Ukiah
- 16 Happy Birthday MaryAnn Worth!

- 16 Kitchen Garden Club Meeting 1pm 'Chicken Soup' at Leanne's- see pg 3.
- 17 Happy Birthday Guthrie Worth!
- 19 Regular Club Meeting

Hosts: Carol B, Jo D & Linda W

12 Noon Social Time

12:30pm 'Microbial Tea, Anyone?'

Jane Jacobs, Master Gardener

1pm Flower Roll Call

1:30pm Business Meeting

26 Happy Birthday Jo Douville!

Newsletter's deadline-4th Tues (1 week from meeting date).

